

## 2008 MOUNTAIN PACIFIC SPORTS FEDERATION INDOOR TRACK & FIELD ALL-ACADEMIC SELECTIONS

**WOODLAND, Calif.** – Mountain Pacific Sports Federation executive director, Al Beaird, announces the Academic All-MPSF scholar-athletes for the **2008 MPSF INDOOR TRACK & FIELD SEASON** season. These student-athletes have been nominated for this award by their institutions based on the following criteria:

1. 3.0 or better cumulative grade point average.
2. Student-athlete must be at least a sophomore academically.
3. Student-athlete must have completed one full academic year at the institution prior to the season for which the award is being received.
4. Student-athlete must have competed in fifty percent or more of the institution's competition in the student-athlete's respective sport.

Student-Athlete	Year	GPA	Events	Hometown / Last School
<b>ARIZONA STATE UNIVERSITY</b>				
Jackie Johnson	Senior	3.27	Multi-events	Yuma, AZ / Yuma HS
Ali Kielty	Junior	3.67	Distance	Torrance, CA / West Torrance HS
Jenna Kingma	Sophomore	3.65	Distance	San Luis Obispo, CA / SLO HS
April Kubishta	Senior	4.00	Pole Vault	Lake Havasu City, AZ / Univ. of Arizona
D'Metra Macedon	Junior	3.11	800 meter	Phoenix, AZ / Alhambra HS
Sarah Stevens	Junior	3.48	Throws	Fort Collins, CO / Fort Collins HS
Alana Waterford	Senior	3.36	Pole Vault	Mesa, AZ / Skyline HS
Kyle Alcorn	Senior	3.11	Middle Distance	Clovis, CA / Univ. of Oregon
Ben Engelhardt	RS Freshman	3.79	5,000 meter	Westerville, OH / Westerville North HS
Andy Haas	Junior	3.61	Weight Throw	Scottsdale, AZ / Horizon HS
Joey Heller	Junior	3.12	Distance Medley Relay	Phoenix, AZ / Shadow Mountain HS
Jeff Helmer	RS Freshman	3.23	5,000 meter	Snohomish, WA / Henry M. Jackson HS
Jeff Helwig	RS Freshman	4.01	Weight Throw	Mesa, AZ / Dobson HS
Justin Kremer	Sophomore	3.95	400m, 4x400 Relay	Grand Canyon, AZ / Grand Canyon HS
Jason Lewis	Sophomore	3.73	Throws	Phoenix, AZ / Mountain Pointe HS
Ryan Whiting	Sophomore	3.56	Shot Put	Harrisburg, PA / Central Dauphin HS
<b>CAL STATE NORTHRIDGE</b>				
Jessica Beach	Senior	4.00	Weight Throw	Olympia, WA / Capital HS
Jocelyn Do	Senior	3.20	Pole Vault	Westminster, CA / Golden West JC
Sherrina Lofton	Sophomore	3.25	Sprints	Fairfield, CA / Fairfield HS
Ashleigh McGrew	Senior	3.01	Hurdles	Elk Grove, CA / Sheldon HS
Lauren Michaels	Sophomore	3.80	800 meter	Tempe, AZ / Arizona Lutheran HS
Krystal Quinn	Senior	3.69	Pole Vault	Palmdale, CA / Antelope Valley JC
Bradley Ike	Junior	3.19	Sprints	Pomona, CA / Diamond Ranch HS
Kevin Nious	Senior	3.77	400-meter	Alameda, CA / San Francisco CC
Cody Pearce	Junior	3.68	Weight Throw	Folsom, CA / Folsom HS
Nick Saylor	Senior	3.67	Weight Throw	Quartz Hill, CA / Antelope Valley JC
<b>UNIVERSITY OF CALIFORNIA</b>				
Kandi Bonty	Junior	3.03	Sprints	Los Angeles, CA / James Monroe HS
Tifani Grimes	Senior	3.32	Heptathlon	Sacramento, CA / St. Francis HS
Pippa Macdonald	Senior	3.50	Middle Distance	Kailua, HI / Punahou School
Katie Morgan	Senior	3.10	Pole Vault	Tempe, AZ / Corona del Sol HS
Mackenzie Pierce	Junior	3.13	Middle Distance	Winston Salem, NC / Forsyth Country Day
Daisy Van Ravenswaay	Senior	3.23	Shot Put	Ontario, Canada / Cayuga Secondary
Donny Appanaitis	Senior	3.02	Pole Vault	Palos Verdes, CA / Loyola HS
Sean Carey	Senior	3.02	Middle Distance	Albany, CA / Albany HS
Jake Hanson	Junior	3.03	Sprints, Hurdles	Yelm, WA / Yelm HS
Patrick Kowalsky	Sophomore	3.42	Throws	Denver, CO / J.K. Mullen HS
Martin Maric	Junior	3.05	Throws	Split, Croatia / Univ. of Georgia
Mark Matusak	Junior	3.41	Distance	Torrance, CA / Loyola HS

**LONG BEACH STATE UNIVERSITY**

Katie Black	Senior	3.69	Heptathlon	Downey, CA / Cerritos College
Anastasia Kholev	Sophomore	3.93	Pole Vault	Ashdod, Israel /
Ejiro Okoro	Junior	3.81	Middle Distance	Elk Grove, CA / Sheldon HS
Jen Onyeagbako	Senior	3.06	Throws	Sparks, NV / Moorpark College
Kristina Price	Senior	3.20	Throws	Snelling, CA / Merced HS
Jill Reynolds	Senior	3.39	Pole Vault	Castaic, CA / Valencia HS
Jasmine Winfield	Senior	3.38	Sprints	Oceanside, CA / Oceanside HS
Miia Mobley	Junior	3.40	Jumps	San Diego, CA / Mt. Carmel HS
Alex Black	Sophomore	3.38	Jumps	Downey, CA / Downey HS
Hudson Wilvers	Senior	3.48	Distance	S. Lake Tahoe, CA / S. Lake Tahoe HS

**STANFORD UNIVERSITY**

Lindsay Allen	Senior	3.51	Middle Distance	Pleasant Hill, CA / College Park HS
Kara Bennet	Sophomore	3.77	HJ, Multi-events	Issaquah, WA / Liberty HS
Lauren Centrowitz	Senior	3.12	Distance	Arnold, MD / Broadneck HS
Claire Cormier Thielke	Junior	3.90	Middle Distance	Lamar, TX / Lamar HS
Alicia Follmar	Junior	3.56	Middle Distance	Saratoga, CA / Saratoga HS
Katie Harrington	Senior	3.44	Distance	Carmel, IN / Carmel HS
Caitlin Hewitt	Sophomore	3.68	Pole Vault	Greenberg, PA / Greater Latrobe HS
Sarah Matthew	Sophomore	3.31	Long Jump	Niwot, CO / Niwot HS
Erica McLain	Senior	3.20	Jumps	Plano, TX / Plano East HS
Anna McFarlane	Junior	3.43	Pole Vault	Weston, MA / Concord Carlisle HS
Nora Miller	Sophomore	3.70	Long Jump, Hurdles	Middletown, CT / Middletown HS
Kate Niehaus	Sophomore	4.09	Distance	Columbia, SC / Spring Valley HS
Maddie O'Meara	Sophomore	3.81	Distance	Mercer Island, WA / Mercer Island HS
Idara Otu	Junior	3.34	Sprints	Brooklyn, NY / Middle College HS
Lauren Stewart	Junior	3.37	Multi-events, Jumps	Brentwood, TN / Brentwood HS
Alana Walker	Sophomore	3.18	Sprints	Dix Hills, NY / Half Hollow Hills HS
Melissa Yunghans	Senior	3.13	Throws	Orange, CA / Orange Lutheran HS
Arianna Lambie	Senior	3.98	Distance	Harvard, MA / The Broomfield School
Daniel Belch	Sophomore	3.37	Sprints	San Diego, CA / Torrey Pines HS
Myles Bradley	Junior	3.06	Hurdles	Norwich, CA / Norwich Free Academy
Zach Chandy	Sophomore	3.12	Sprints	Laguna Beach, CA / Sage Hill HS
Durell Coleman	Sophomore	3.23	Sprints	Rockwall, TX / Rockwall HS
Jacob Evans	Senior	3.15	Middle Distance	Watsonville, CA / Aptos HS
Ryan Fisicaro	Sophomore	3.01	Sprints	Omaha, NE / Creighton Prep
Garrett Heath	Junior	3.77	Distance	Winona, MN / Winona Senior HS
Graeme Hoste	Senior	3.67	Pole Vault	Claremont, CA / Claremont HS
Josh Hustedt	Senior	3.41	Heptathlon	Sandy, UT / Jordan HS
Michael Macellari	Senior	3.18	Throws	Granger, IN / Clay HS
Justin Marpole-Bird	Sophomore	3.32	Distance	Vancouver, BC / St. George's HS
Hari Mix	Junior	3.51	Distance	Charlottesville, VA / Albemarle HS
Chris Mocko	Junior	3.60	Distance	McLean, VA / Thomas Jefferson HS
Adrian Munabi	Junior	3.18	Jumps	Wynnewood, PA / St. Paul's HS
Justin Reed	Sophomore	3.71	Middle Distance	Los Angeles, CA / Loyola HS
Benjamin Dickens	Senior	3.85	Pole Vault	Parkland, FL / Stoneman Douglas HS
Joseph Jackson	Sophomore	3.34	Hurdles	Olympia, WA / Sumner HS

**UCLA**

Megan Jammerson	Junior	3.24	Pole Vault	Trabuco Canyon, CA / Santa Margarita HS
Lauren Jirges	Junior	3.43	Distance	Cypress, CA / Cypress HS
Ingrid Kantola	Senior	3.11	Pole Vault	Sacramento, CA / St. Francis HS
Rosa Magaña	Sophomore	3.22	Distance	Oakland, CA / Holy Names HS
Tori Peña	Sophomore	3.19	Pole Vault	Huntington Beach, CA / Edison HS
Katy Viuf	Junior	3.04	Pole Vault	Tulsa, OK / Cascia Hall Prep
Chris Bencomo	Senior	3.59	Pole Vault	Los Gatos, CA / Cabrillo College
Alex Crabill	Sophomore	3.36	Distance	Tacoma, WA / Charles Wright Academy

Scott Crawford	RS Freshman	3.42	Distance	El Dorado Hills, CA / Oak Ridge HS
Henry Hagenbuch	Senior	3.23	Distance	San Francisco, CA / Cate School
Austin Ramos	Senior	3.24	Distance	Sacramento, CA / Jesuit HS
Drew Shackleton	Junior	3.71	Distance	Belmont, CA / Carlmont HS
Kyle Shackleton	Junior	3.82	Distance	Belmont, CA / Carlmont HS

#### UNIVERSITY OF WASHINGTON

Daria Amiad-Pavlov	Junior	3.61	Jumps	Ashdad, Israel /
Andrea Brown	Junior	3.35	Middle Distance	Bellingham, WA / Kentucky
Kailey Campbell	Sophomore	3.30	Middle Distance	Seattle, WA /
Kelley DiVesta	Senior	3.38	Pole Vault	Colorado Springs, CO /
Katie Follett	Sophomore	3.21	Distance	Fort Collins, CO /
Liz Fuller	Junior	3.27	Multi-Events	Vancouver, WA /
Anna Imperati	RS Freshman	3.34	Distance	Portland, OR /
Allison Lombardo	Sophomore	3.57	Jumps	Richland, WA /
Amanda Miller	Senior	3.44	Middle Distance	Wenatchee, WA /
Allison Moore	Junior	3.28	Pole Vault	Bellingham, WA / Arizona
Trisha Rasmussen	Senior	3.68	Distance	Phoenix, AZ /
Chris Ahl	Sophomore	3.51	Middle Distance	Seattle, WA /
Riley Booker	RS Freshman	3.74	Distance	San Diego, CA /
Corey Fredericks	Senior	3.59	Jumps	Vancouver, WA /
James Frederickson	Senior	3.29	Sprints/Hurdles	Kent, WA / CS Northridge
Brian Govier	Sophomore	3.29	Middle Distance	Mercer Island, WA /
Zack Gussin	RS Freshman	3.27	Distance	Seattle, WA /
Caleb Knox	Senior	3.20	Distance	Mill Creek, WA /
Zach Midles	Sophomore	3.15	Throws	Olympia, WA /
Jared O'Connor	Junior	3.37	Pole Vault	Clifton Park, NY / North Carolina
Tom Peterson	Senior	3.33	Distance	Modesto, CA /
Scott Roth	Sophomore	3.32	Pole Vault	Granite Bay, CA /
Jake Schmitt	Sophomore	3.33	Distance	Kentfield, CA / California
Kyle Still	Senior	3.44	Sprints/Hurdles	Bellingham, WA /
Jordan Swarthout	Sophomore	3.95	Distance	Olympia, WA /
Ryan Vu	Sophomore	3.24	Pole Vault	Bellevue, WA /
James Wilson	Senior	3.19	Distance	Yakima, WA /

#### WASHINGTON STATE UNIVERSITY

Sarah Burns	Senior	3.06	Triple Jump	Tacoma, WA / Curtis HS
Karen DeMartini	Senior	3.68	1500 Meters	Reno, NV / Reno HS
Lisa Egami	Sophomore	3.44	1500 Meters	Coquitlam, BC / Centennial HS
Selena Galaviz	Senior	3.70	400 Meters	Toppenish, WA / Toppenish HS
Isley Gonzalez	Junior	3.18	3000 Meters	Sunnyside, WA / Sunnyside HS
McKinnon Hanson	Senior	3.99	High Jump	LaPush, WA / Forks HS
Lorraine King	Junior	3.14	400 Meters	Fontana, CA / J.W. North HS
Meghan Leonard	Senior	3.30	3000 Meters	Newberg, OR / Newberg HS
Kendall Mays	Sophomore	3.59	Pole Vault	Spokane, WA / North Central HS
Haley Paul	Senior	3.94	3000 Meters	Phoenix, AZ / Desert Vista HS
Chelsea Van deBrake	Sophomore	3.96	5000 Meters	Yakima, WA / Eisenhower HS
Jessica Zita	Senior	3.77	Shot Put	Echo, OR / Echo HS
Evan Blanshan	Junior	3.77	3000 Meters	Selah, WA / Portland State
Daniel Gelb	Sophomore	3.34	5000 Meters	Reno, NV / Galena HS
Alex Grant	Senior	3.50	5000 Meters	Bellingham, WA / Sehome HS
Robert Hewitt-Gaffney	Sophomore	3.18	800 Meters	Gillette, WY / Campbell County HS
Barry Leavitt	Junior	3.34	400 Meters	Benton City, WA / Kiona-Benton HS
Drew Polley	Junior	3.76	5000 Meters	Port Orchard, WA / South Kitsap HS
Christopher Williams	Senior	3.17	5000 Meters	Federal Way, WA / Decatur HS
Justin Woods	Sophomore	3.06	Sprints	Buena Vista, CA / Los Alamitos HS